

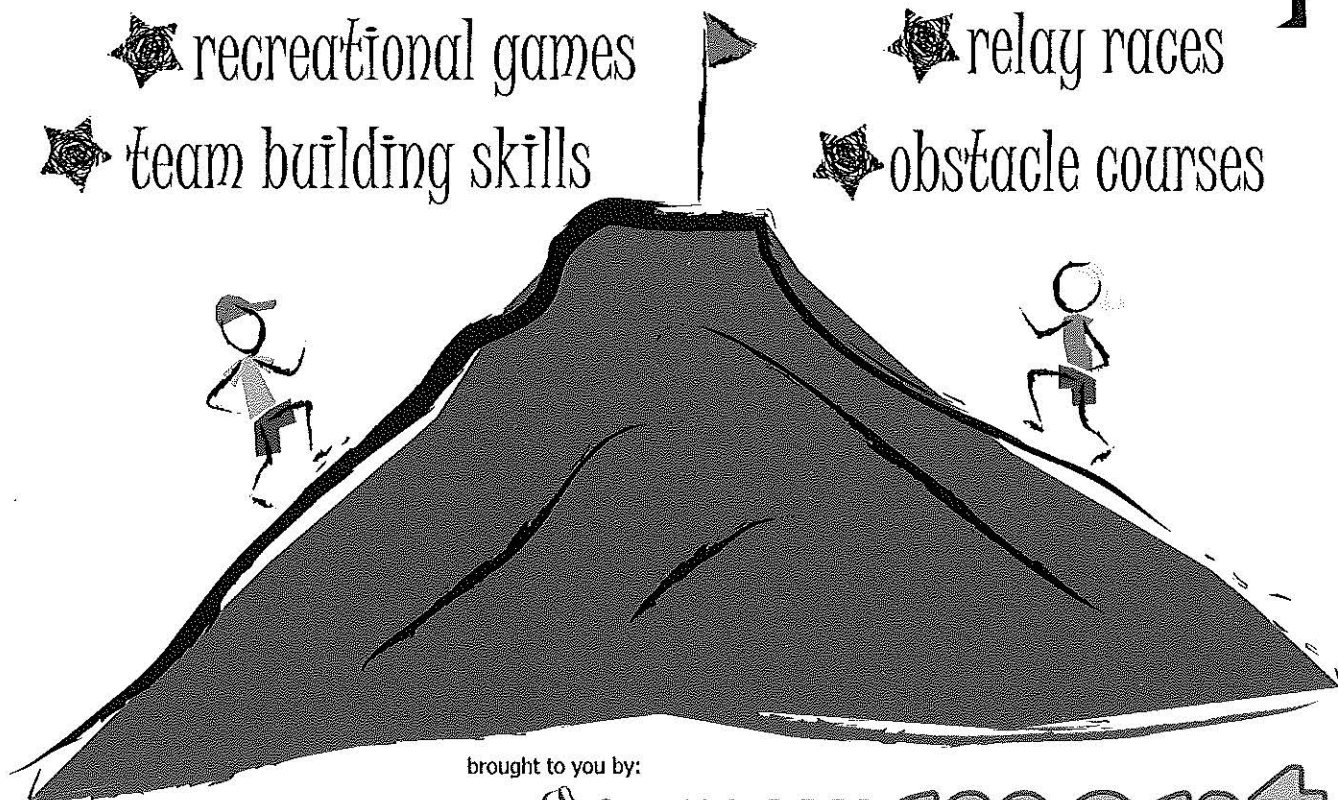
EDGEWOOD's 1st ANNUAL Youth Fitness Camp

★ recreational games

★ relay races

★ team building skills

★ obstacle courses



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move
improvement

Please fill out and mail to 2 Race St., Pittsburgh, PA 15218 - Or drop off at Edgewood Borough Building

Child's Name _____

D.O.B. _____

Phone # _____

Guardian's Name (printed) _____

Guardian's Signature _____

Edgewood's 1st Annual Fitness Summer Camp

On June 14th Edgewood Borough will be hosting their first annual youth fitness summer camp. Our mission is to promote healthy active lifestyles by engaging the children of our communities in a variety of fun outdoor activities. By providing an enjoyable and energetic environment, your children can learn invaluable team development skill while improving self esteem and their personal fitness. Our instructors have years of experience in youth recreation and team sports, we look forward to sharing our knowledge with Edgewood and the surrounding communities. The program focuses on full body fitness by targeting the elements of balance, coordination, flexibility, and aerobic conditioning. We will use an assortment of popular youth games to provide the kids with the recommended daily amount of physical and a way to make new friends, Scheduled activities include capture the flag, crab soccer, kickball, relay races, obstacle courses, and ultimate Frisbee.

Edgewood's Youth Fitness Camp is scheduled to begin the week of June 14th and run through August 12th. Camp will be held on Tuesday and Thursday evenings from 5:30pm to 7:30 pm. We invite all children enrolled in first grade through sixth grade to participate. Camp will be divided into two sessions, 5:30 pm - 6:30 pm will be grades 1st through 3rd and 6:30 pm- 7:30 pm will be for students in grades 4th through 6th. All equipment and snacks will be provided every evening for participants. Our last session will include a ceremony where participants will receive a camp t-shirt and end of season awards.

Price - \$45 per participant

Please make checks payable to Edgewood Borough